

Facial Expressions

Learning Objective: To teach children the difference between facial expressions; to identify possible causes for these expressions

Skill: Emotional communication, self-awareness

Ask the children, “When you look at people’s faces, what do their expressions tell you?” Brainstorm ideas and write them on the blackboard or a large sheet of paper.

Tell them:

People’s facial expressions show how they feel. The way their faces look can tell you more than what they are saying. You can often tell whether a person is angry, sad, or happy, even if you can’t hear her words.

When someone is talking to you, it’s important for you to use an appropriate facial expression. If she is saying something funny, you would probably smile; sad, you might look serious; scary, you might have an alarmed expression on your face; and so on. If you look bored or stuck-up, that person probably won’t want to continue talking with you.

Distribute the **Facial Expressions** Activity Sheet. Children can either write in the answers or raise their hands and take turns guessing the facial expressions. Reinforce the concept that they can tell how each child is feeling even without any words being said. When asked the reason for each child’s feelings, children can invent scenarios—there are no right or wrong answers.

Name _____ Date _____



What is this girl's facial expression saying?

Why do you think she feels that way?



What is this boy's facial expression saying?

Why do you think he feels that way?



What is this girl's facial expression saying?

Why do you think she feels that way?



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Name _____ Date _____



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